

Log lines for LIKE

LIKE: insight from kids, parents, and experts on the effects of social media on our lives.

Social media is meant to connect us. But is that what's really happening?

Social media and its effect on the brain.

Social media – is it just our kids who are addicted or is it all of us?

Social media – are we getting the most of our lives on it or off it?

Social media and mental health - is it linked?

Social media – better connected or further apart?

Looking at how social media has changed today's definition of human connection.

Social media - how much is too much?

Unpacking social media's pros and cons.

How has a simple 'thumbs up' further complicated our lives?

Scrolling deeper into the social media algorithm. Is there a way out?

"Can you imagine if Mozart deleted his posts..." -Dr. Jerry Bubrick